ADVANCES in REJUVENATION & RECONSTRUCTION
A HANDS-ON CADAVER WORKSHOP
& Board Review Program

A course designed for physicians and trainees in the field of:

- Dermatologic & Cosmetic Surgery
- Facial Plastic Surgery
- Plastic Surgery
- Oculoplastic Surgery
- Maxillofacial Surgery

Meeting Chair
Hooman Khorasani, MD

Co-Chairs
Peter J. Taub, MD
Joshua D. Rosenberg, MD
Robert M. Schwarcz, MD

Icahn School of Medicine at Mount Sinai
New York, NY

May 18-19, 2019

Register at www.CosmeticWorkshop.NYC

Sponsored by
The Kimberly and Eric J. Waldman Department of Dermatology
COURSE DESCRIPTION
This workshop is designed to provide practitioners and residents in the core aesthetic fields a comprehensive demonstration and training in soft tissue rejuvenation and reconstruction techniques. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on live patients and on synthetic models. Participants will take home “pearls of wisdom” from the experts and experience hands-on training in the small group workshops. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs.

TARGET AUDIENCE
Physicians, Residents and Fellows from the five core specialties performing reconstructive and cosmetic surgery, dermatologic surgery, ENT (facial plastics), plastics, oculoplastics and maxillofacial surgery.

OBJECTIVES
Upon completion of this CME activity, the participant will be able to:

• Demonstrate proper patient selection for medical, surgical and cosmetic intervention for dermatologic and surgical conditions based on careful consideration of risk and benefit and the published guidelines.
• Evaluate and demonstrate knowledge and skills in dermatologic surgery, cosmetic dermatology, ophthalmologic surgery, oculoplastic surgery and maxillofacial surgery to improve patient outcomes.
• Assess recent advances in surgical and minimally invasive cosmetic procedures with emphasis on safety and efficacy for better patient outcomes.
• Compare alternative nonsurgical methods of facial rejuvenation including a range of fillers and fractional ablative technologies and formulate treatment plans based on known effectiveness of the therapy.
• Demonstrate and perform various reconstructive and cosmetic procedures on synthetic cadavers as well as on live patients through a multi-specialty approach which is aimed at improving performance in practice.
• Define and recognize knowledge and skills in human facial anatomy, danger zones, and common reconstructive and aesthetic techniques used in facial surgery.
• Apply knowledge regarding recent advances in the effective and safe treatment and management of cosmetic challenges and facial oncologic pathology.

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 16.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAD Recognized Credit Program
The AAD has discontinued recognized credit but credits can continue to be reported in the AAD CME Transcript by choosing the self-reported option in the transcript. For any questions about adding credits to the AAD CME Transcript, please contact the AAD Member Resource Center at (866) 503-7546.
SURGICAL SECTION

Cerrene Giordano, MD
Instructor, Dermatology
Department of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

David J. Goldberg, MD, JD
Director, Skin Laser & Surgery Specialists of NY/NJ
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Gary Goldenberg, MD
Director, Goldenberg Dermatology
Assistant Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Marsha L. Gordon, MD
Professor and Vice Chair, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Bruce Katz, MD
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Eyal Levit, MD
Adjunct Associate Clinical Professor
Icahn School of Medicine at Mount Sinai
Associate Clinical Professor, Dermatology
Columbia Presbyterian Medical Center
New York, NY

Matthew J. Lin, MD, MPH
Mohs Micrographic Surgery Fellow
Cosmetic Dermatologic Surgery Fellow
Icahn School of Medicine at Mount Sinai
New York, NY

Adam S. Nabatian, MD
Clinical Instructor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Désirée Ratner, MD
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Richard Torbeck, MD
Voluntary Attending, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY

COURSE CHAIR

DERMATOLOGIC & COSMETIC SURGERY SECTION

Hooman Khorasani, MD
Associate Clinical Professor,
Dermatology
Dermatology Chief
Division of Dermatologic & Cosmetic Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

FACIAL PLASTIC SECTION

Joshua D. Rosenberg, MD
Assistant Professor, Otolaryngology
Co-Chief, Facial Plastic & Reconstructive Surgery
Department of Otolaryngology - Head & Neck Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

PLASTIC SURGERY SECTION

Peter J. Taub, MD
Professor of Surgery & Pediatrics
Chief, Craniofacial Surgical Program
Division of Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

PHILIP J. TORINA, MD
Assistant Professor, Plastic Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

JEREMY BRAUER, MD
Clinical Associate Professor
NYU Langone Medical Center
New York, NY

JOSEPH ROUSSO, MD
Associate Professor, Otolaryngology
Icahn School of Medicine at Mount Sinai
New York, NY

GARY GOLDENBERG, MD
Director, Goldenberg Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

MARISSA L. GORDON, MD
Professor and Vice Chair, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

BRUCE KATZ, MD
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

EYAL LEVIT, MD
Adjunct Associate Clinical Professor
Icahn School of Medicine at Mount Sinai
Associate Clinical Professor, Dermatology
Columbia Presbyterian Medical Center
New York, NY

MATTHEW J. LIN, MD, MPH
Mohs Micrographic Surgery Fellow
Cosmetic Dermatologic Surgery Fellow
Icahn School of Medicine at Mount Sinai
New York, NY

ADAM S. NABATIAN, MD
Clinical Instructor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

DESIREE RATNER, MD
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

RICHARD TORBECK, MD
Voluntary Attending, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

YVONNE MEFERS, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY

COURSE CO-CHAIRS

FACIAL PLASTIC SECTION

Robert M. Schwarcz, MD
Associate Clinical Professor
Ophthalmology
Department of Ophthalmology
Division of Oculo-Plastic & Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

PLASTIC SURGERY SECTION

Peter J. Taub, MD
Professor of Surgery & Pediatrics
Chief, Craniofacial Surgical Program
Division of Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY

COURSES CHAIR

DERMATOLOGIC & COSMETIC SURGERY SECTION

Hooman Khorasani, MD
Associate Clinical Professor,
Dermatology
Dermatology Chief
Division of Dermatologic & Cosmetic Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

FACIAL PLASTIC SECTION

Joshua D. Rosenberg, MD
Assistant Professor, Otolaryngology
Co-Chief, Facial Plastic & Reconstructive Surgery
Department of Otolaryngology - Head & Neck Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

PLASTIC SURGERY SECTION

Peter J. Taub, MD
Professor of Surgery & Pediatrics
Chief, Craniofacial Surgical Program
Division of Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY

COURSE CO-CHAIRS

FACIAL PLASTIC SECTION

Joshua D. Rosenberg, MD
Assistant Professor, Otolaryngology
Co-Chief, Facial Plastic & Reconstructive Surgery
Department of Otolaryngology - Head & Neck Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

PLASTIC SURGERY SECTION

Peter J. Taub, MD
Professor of Surgery & Pediatrics
Chief, Craniofacial Surgical Program
Division of Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY
SATURDAY, MAY 18, 2019

07:00-08:00 AM  REGISTRATION/Breakfast/Exhibits

General Session

Davis Lobby

08:00-08:10 am  Introduction & Facial Anatomy Review

Hooman Khorasani, MD

08:10-08:35 am  Upper Eyelid Blepharoplasty

Hooman Khorasani, MD

08:35-09:05 am  PRP & Stem Cells

Gary Goldenberg, MD

08:00-08:10 am  Introduction & Facial Anatomy Review

Hooman Khorasani, MD

08:10-08:35 am  Upper Eyelid Blepharoplasty

Hooman Khorasani, MD

08:35-09:05 am  PRP & Stem Cells

Gary Goldenberg, MD

09:00-09:10 am  Break/Exhibits

Robert M. Schwarcz, MD

09:15-09:45 am  Lower Eyelid Blepharoplasty

Robert M. Schwarcz, MD

10:00-10:30 am  Facelift & Neck Lift

Sheila Nazarian, MD

10:30-11:00 am  Laser Resurfacing Update

Jeremy Brauer, MD

11:00-11:15 am  Break/Exhibits

Davis Lobby

11:15-11:45 am  Neck Liposuction & Buccal Fat Pad Removal

Sheila Nazarian, MD

11:45-12:15 pm  Body Contouring Update

Richard Swift, MD

12:15-12:45 pm  Cellulite Treatment

Bruce Katz, MD

12:45-01:45 PM  Industry Sponsored (non-CME) Workshop

Hess Seminar Room B

12:45-01:45 PM  Lunch/Exhibits

Davis Lobby

12:45-01:45 PM  Neurotoxins & Filler Update

Moderator: Marsha L. Gordon, MD

01:45-02:25 pm  Part I / Live Demo

Upper Face & Peri-Orbital Rejuvenation

Lara Devgan, MD

02:25-03:05 pm  Part II / Live Demo

Mid & Lower Face Rejuvenation

Hooman Khorasani, MD

03:20-05:20 pm  Aesthetic Techniques: Live Patient Demonstrations

Absorbable Suture Lifts and Contouring

Injection Lipolysis, Injectable Techniques with Cannulas

Non-surgical Rhinoplasty, PRP Microneedling

Hand Augmentation, Novel use of neurotoxins and fillers

Hands-on Synthetic Cadaver Stations

All Faculty

05:20 PM  Adjourn for the Day

ACT TODAY: First 100 registered residents & fellows can attend the lectures for free and get 65% discount on the lab portion

www.CosmeticWorkshop.NYC
SUNDAY, MAY 19, 2019

Icahn School of Medicine at Mount Sinai

07:00-08:00 AM  REGISTRATION/BREAKFAST/EXHIBITS  Davis Lobby

General Session  Davis Auditorium

Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion

08:00-08:15 am  Facial Anatomy Danger Zones Review  Joshua Rosenberg, MD

08:15-08:45 am  Skin Tightening  David J. Goldberg, MD, JD

08:45-09:15 am  Auricular Reconstruction  Joseph Rousso, MD

09:15-09:30 AM  BREAK/EXHIBITS  Davis Lobby

09:30-10:00 am  Peri-Oral Reconstruction  Peter Taub, MD

10:00-10:30 am  Nasal Reconstruction  Joshua Rosenberg, MD

10:30-11:00 am  Peri-Ocular Reconstruction  Robert M. Schwarcz, MD

11:00-11:15 AM  BREAK/EXHIBITS  Davis Lobby

11:15-11:45 am  Cheek Reconstruction  Hooman Khorasani, MD

11:45-12:45 pm  How Would You Close This Defect?  John A. Carucci, MD

A Multi-Specialty Expert Panel Discussion  Cerrene Giordano, MD & Faculty

12:45-01:45 PM  LUNCH/EXHIBITS  Davis Lobby

12:45-01:45 PM  INDUSTRY SPONSORED (NON-CME) WORKSHOP  Hess Seminar Room B

AESTHETIC TECHNIQUES LIVE PATIENT DEMONSTRATION

01:45-02:05 pm  Cellulite Management Techniques  Eyal Levit, MD

02:05-02:25 pm  Electromagnetic & Radiofrequency Devices  Bruce Katz, MD

02:25-02:45 pm  Absorbable Suture Lifts  Hooman Khorasani, MD

02:45-03:00 PM  BREAK/EXHIBITS  Davis Lobby

LIVE DEMO & HANDS-ON TRAINING WORKSHOPS IN THE LAB  Hess Seminar Room A

03:00-05:00 pm  Hands-on Aesthetic & Reconstructive Workshop (fixation devises, implants and endoscopes )  Dr. Carucci, Dr. Giordano, Dr. Nabatian, Dr. Ratner, Dr. Torbeck, Dr. Torina, & Faculty

05:00 PM  ADJOURN FOR THE DAY

Dr. Khorasani, Dr. Nayak, Dr. Taub & Dr. Schwarcz  Dr. Rosenberg, Dr. Baker & Dr. Khorasani
LOCATION
Hess Center for Science and Medicine of the Icahn School of Medicine at Mount Sinai is located at 1470 Madison Avenue (between 101st & 102nd Streets) New York, NY 10029.
- Main Conference: Hess Center for Science and Medicine, Davis Auditorium, 1470 Madison Avenue, Second Floor
- Registration/Breakfast/Exhibits: Davis Lobby, Hess Bldg. Second Floor
- Hands-on Surgical Workshops: Seminar Room A / Hess Bldg. Second Floor
- Industry Sponsored (Non-CME) Workshops: Seminar Room B / Hess Bldg. Second Floor

PARKING
The entrance to the Mount Sinai Parking Garage is located on the SW corner of 99th Street and Park Avenue. Discounted Parking is available for Saturday and Sunday only. Parking Ticket will be validated at the Registration Desk.

AIRLINE
Be sure to book your travel arrangements early. We are unable to reserve airfare for attendees of the symposium. We suggest online travel services such as travelocity.com or orbitz.com

HOTEL ACCOMMODATIONS
Please contact Denise Newman, NY Reservations at 888-37H-OTEL, 718-835-4911 or email dnew229@aol.com

CANCELLATION POLICY
All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by May 4, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than $50.

CONTACT INFORMATION
For Registration Information contact cme@mssm.edu or (212) 731-7950. For Program Information, visit the conference website at: www.CosmeticWorkshop.NYC

DIRECTIONS TO MOUNT SINAI:
http://www.icahn.mssm.edu/about/visiting

SPECIAL NEEDS:
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you have any special needs or require special accommodations, please contact the Office of CME at 212-731-7950.
**REGISTRATION FORM**

**TWO WAYS TO REGISTER**

REGISTER ONLINE (PREFERRED)
www.CosmeticWorkshop.NYC

REGISTER BY MAIL
MAIL REGISTRATION FORM WITH YOUR CHECK TO: ICANH SCHOOL OF MEDICINE AT MOUNT SINAI, THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL, ONE GUSTAVE L. LEVY PLACE, BOX 1193, NEW YORK, NY 10029-6574

A CONFIRMATION LETTER WILL BE SENT VIA EMAIL UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT. (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT.)

---

**FIRST NAME**
**MIDDLE INITIAL**
**LAST NAME**

**TITLE/DEGREES (MD, RN)**

**ORGANIZATION**

**STREET ADDRESS**

**CITY**

**STATE**

**ZIP**

**DAYTIME PHONE**

**FAX NUMBER**

---

**EMAIL ADDRESS**

**MEDICAL SPECIALTY**

- PHYSICIAN
- RESIDENT
- FELLOW
- MILITARY
- MOUNT SINAI FACULTY
- OTHER

---

**PROFESSIONAL PROFILE**

- PHYSICIAN
- RESIDENT
- FELLOW
- MILITARY
- MOUNT SINAI FACULTY
- OTHER

---

**REGISTRATION FEES**

THE REGISTRATION FEE INCLUDES THE COURSE, BREAKFAST, BREAKS AND LUNCH FOR THE PARTICIPANT ONLY. A CONFIRMATION LETTER WILL BE SENT UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT).

<table>
<thead>
<tr>
<th></th>
<th>FULL DAY LIVE DEMO AND LAB WORKSHOPS BEFORE 2/28/2019</th>
<th>HALF DAY LIVE DEMO AND LAB WORKSHOPS ON OR AFTER 2/28/2019</th>
<th>FULL DAY LECTURES ONLY BEFORE 2/28/2019</th>
<th>HALF DAY LECTURES ONLY ON OR AFTER 2/28/2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHYSICIANS</td>
<td>$1400</td>
<td>$1700</td>
<td>$600.00</td>
<td>$550</td>
</tr>
<tr>
<td>1ST 100 RESIDENTS AND FELLOWS *</td>
<td>$450</td>
<td>FREE</td>
<td>$400</td>
<td>FREE</td>
</tr>
<tr>
<td>MOUNT SINAI FACULTY ** RESIDENTS *, FELLOWS *, MILITARY *</td>
<td>$900</td>
<td>$1100</td>
<td>FREE</td>
<td></td>
</tr>
</tbody>
</table>

* MUST PROVIDE 1) LETTER FROM THE PROGRAM DIRECTOR 2) COPY OF HOSPITAL ID
** MUST HAVE PAID 2019 ANNUAL DEPARTMENTAL DUES

---

**SPECIAL DIETARY NEEDS**

- KOSHER
- VEGETARIAN

**ENCLOSED IS MY CHECK MADE PAYABLE TO:**

THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL IN THE AMOUNT OF $_

---

FOR SECURITY PURPOSES, CREDIT CARD PAYMENT CANNOT BE ACCEPTED BY MAIL OR FAX. PLEASE VISIT www.CosmeticWorkshop.NYC TO REGISTER AND PAY BY CREDIT CARD.

FOR REGISTRATION INFORMATION CONTACT CME@MSSM.EDU OR (212) 731-7950. FOR PROGRAM INFORMATION GO TO THE WEBSITE AT www.CosmeticWorkshop.NYC

**CANCELLATION POLICY**

ALL REFUND AND CANCELLATION REQUESTS MUST BE EMAILED TO THE CME OFFICE AT CME@MSSM.EDU BY MAY 4, 2018. CANCELLATIONS AFTER THIS DATE ARE NOT ELIGIBLE FOR A REFUND. AN ADMINISTRATIVE FEE OF $50 WILL BE DEDUCTED FROM YOUR REFUND. NO REFUNDS WILL BE ISSUED FOR REGISTRATION FEES THAT ARE EQUAL TO OR LESS THAN $50.
7th Annual Mount Sinai Spring Symposium

May 18-19, 2019
www.CosmeticWorkshop.NYC

MEETING CHAIR
Hooman Khorasani, MD

CO-CHAIRS
Peter J. Taub, MD  Joshua D. Rosenberg, MD  Robert M. Schwarcz, MD