ADVANCES in FACIAL RECONSTRUCTION & COSMETIC SURGERY: A HANDS ON CADAVER WORKSHOP & Board Review Program

Meeting Chair
Hooman Khorasani, MD

Co-Chairs
Peter J. Taub, MD
Joshua D. Rosenberg, MD
Robert M. Schwarcz, MD

Icahn School of Medicine at Mount Sinai
New York, NY

April 16-17, 2016

Sponsored by
The Kimberly and Eric J. Waldman Department of Dermatology

Visit our website and register at www.CosmeticCadaverWorkshop.com
COURSE DESCRIPTION
This workshop is designed to provide practitioners and residents in the field of reconstructive and cosmetic surgery a comprehensive demonstration and training in soft tissue reconstruction of the face as well as surgical rejuvenation techniques of the aging face. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on live patients and synthetic models. Participants will take home “pearls of wisdom” from the experts and experience hands-on training in the cadaver labs. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs.

TARGET AUDIENCE
Physicians, Residents and Fellows from the five core specialties performing reconstructive and cosmetic surgery, dermatologic surgery, ENT (facial plastics), plastics, oculoplastics and maxillofacial surgery.

OBJECTIVES
Upon completion of this CME activity, the participant will be able to:

• Demonstrate proper patient selection for medical, surgical and cosmetic intervention for dermatologic and surgical conditions based on careful consideration of risk and benefit and the published guidelines.

• Evaluate and demonstrate knowledge and skills in dermatologic surgery, cosmetic dermatology, ophthalmologic surgery, oculoplastic surgery and maxillofacial surgery to improve patient outcomes.

• Assess recent advances in surgical and minimally invasive cosmetic procedures with emphasis on safety and efficacy for better patient outcomes.

• Compare alternative nonsurgical methods of facial rejuvenation including a range of fillers and fractional ablative technologies and formulate treatment plans based on known effectiveness of the therapy.

• Demonstrate and perform various reconstructive and cosmetic procedures on synthetic cadavers as well as on live patients through a multi-specialty approach which is aimed at improving performance in practice.

• Define and recognize knowledge and skills in human facial anatomy, danger zones, and common reconstructive and aesthetic techniques used in facial surgery.

• Apply knowledge regarding recent advances in the effective and safe treatment and management of cosmetic challenges and facial oncologic pathology.

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 17 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAD Credits
The Mount Sinai Spring Symposium “Advances in Facial Reconstruction & Cosmetic Surgery” A Hands-on-Cadaver Workshop - Board Review Program (Program #58100) is recognized by the American Academy of Dermatology for 17.00 AAD Recognized Credits and may be used toward the American Academy of Dermatology’s Continuing Medical Education Award.

Registered participants will be provided with a link to the Course Syllabus.
ICAHN SCHOOL OF MEDICINE FACULTY

DERMATOLOGIC & COSMETIC SURGERY SECTION

Paul Jarrod Frank, MD
Director, 5th Avenue Dermatology Surgery and Laser Center, NYC
Assistant Clinical Professor
Icahn School of Medicine at Mount Sinai
New York, NY

David J. Goldberg, MD, JD
Director, Skin Laser & Surgery Specialists of NY/NJ
Clinical Professor of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Marsha L. Gordon, MD
Professor and Vice Chair, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Bruce E. Katz, MD
Clinical Professor of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Desiree Ratner, MD
Director of Dermatologic Surgery
Mount Sinai Beth Israel
Mount Sinai St. Luke’s
Mount Sinai West
Professor of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Patricia S. Wexler, MD
Associate Clinical Professor of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

ENT & FACIAL PLASTIC SURGERY SECTION

William Lawson, MD
Professor, Department of Otolaryngology
Head and Neck Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

HAIR RESTORATION SURGERY SECTION

Robin Unger, MD
Assistant Clinical Professor of Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

COURSE CHAIR

DERMATOLOGIC & COSMETIC SURGERY SECTION

Hooman Khorasani, MD
Assistant Professor, Dermatology
Chief, Division of Dermatologic & Cosmetic Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

COURSE CO-CHAIRS

FACIAL PLASTIC SECTION

Joshua D. Rosenberg, MD
Assistant Professor, Otolaryngology
Division of Facial Plastic and Reconstructive Surgery, Department of Otolaryngology
- Head and Neck Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

Robert M. Schwarzen, MD
Associate Clinical Professor
Dept of Ophthalmology
Div of Oculo-Facial Plastic & Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

PLASTIC SURGERY SECTION

Peter J. Taub, MD, FACS, FAAP
Professor of Surgery & Pediatrics
Chief, Craniofacial Plastic Surgery
Division of Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

OCULO-PLASTICS SECTION

John A. Carucci, MD
Associate Professor of Dermatology
Chief of Mohs Micrographic & Dermalological Surgery;
Ronald O. Perelman Department of Dermatology
NYU Langone Medical Center
New York, NY

Jeremy A. Brauer, MD
Assistant Clinical Professor of Dermatology
Donald O. Perelman Department of Dermatology
NYU Langone Medical Center
New York, NY

David Ciocon MD
Director, Mohs Micrographic Surgery and Procedural Dermatology
Montefiore Medical Center
Barnes-Jewish College of Medicine
St. Louis, MO

Seaver L. Soon, MD
Professor Otolaryngology
Division of Facial Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

Shan Baker, MD
Professor Otolaryngology
Division of Facial Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

Seaver L. Soon, MD
Director of the Turnescent Liposculpture Unit
Scripps Clinic Laser and Cosmetic Dermatology
Center in Carmel Valley
San Diego, CA

ADMINISTRATIVE LIAISON

Yvonne B. Meyers
Director, Dermatology Faculty Affairs
Icahn School of Medicine at Mount Sinai
New York, NY

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.
### General Session

Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
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<tbody>
<tr>
<td>08:00-08:15 am</td>
<td>Introduction and Facial Anatomy Review</td>
<td>Hooman Khorasani, MD</td>
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<tr>
<td>08:15-08:45 am</td>
<td>Chemical Peels</td>
<td>Seaver L. Soon, MD</td>
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<tr>
<td>08:45-09:15 am</td>
<td>Upper Eyelid Blepharoplasty</td>
<td>Hooman Khorasani, MD</td>
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<tr>
<td>09:15-09:45 am</td>
<td>Lower Eyelid Blepharoplasty</td>
<td>Robert M. Schwarcz, MD</td>
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### 09:45-10:00 AM  BREAK/EXHIBITS

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>10:00-10:40 am</td>
<td>Neurotoxins &amp; Filler Update Part I / Live Demo</td>
<td>Marsha L. Gordon, MD</td>
</tr>
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Upper Face & Peri-orbital Rejuvenation / Neck Contouring
Robert M. Schwarcz, MD

### 10:40-11:20 am Neurotoxins & Filler Update Part II / Live Demo

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>11:35-12:05 pm</td>
<td>Facelift, Necklift</td>
<td>Shan Baker, MD</td>
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<tr>
<td>12:05-12:35 pm</td>
<td>Cellulite Surgery</td>
<td>Patricia S. Wexler, MD</td>
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<tr>
<td>12:35-01:05 pm</td>
<td>Laser Resurfacing Update</td>
<td>Jeremy Brauer, MD</td>
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### 01:05-02:05 PM LUNCH / EXHIBITS

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>02:05-02:35 pm</td>
<td>Skin Tightening</td>
<td>David J. Goldberg, MD, JD</td>
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<tr>
<td>02:35-03:05 pm</td>
<td>Non-Invasive Contouring and Cellulite Treatment</td>
<td>Bruce E. Katz, MD</td>
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<tr>
<td>03:05-03:25 pm</td>
<td>Vaginal Rejuvenation</td>
<td>Bruce Katz, MD and Hooman Khorasani, MD</td>
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<tr>
<td>03:25-03:45 pm</td>
<td>Hair Restoration Surgery</td>
<td>Robin Ungar, MD</td>
</tr>
</tbody>
</table>

### 03:45-04:00 PM  BREAK / EXHIBITS

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
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### HANDS-ON TRAINING WORKSHOPS IN THE LAB Annenberg Bldg, Room 12-98

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>04:00-07:00 pm</td>
<td>Aesthetic Techniques: Live Patient Demonstrations and Synthetic Cadaver Dissection</td>
<td>All Faculty</td>
</tr>
</tbody>
</table>

### 07:00 PM ADJOURN FOR THE DAY

**ACT TODAY:** First 100 registered residents & fellows can attend the lectures for free and get 75% discount on the lab portion

07:00-08:00 AM  REGISTRATION/BREAKFAST/EXHIBITS
Hatch Lobby

General Session
Hatch Auditorium

Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion

08:00-08:15 am  Facial Anatomy Danger Zones Review  Joshua Rosenberg, MD
08:15-08:45 am  Scalp and Forehead Reconstruction  Joshua Rosenberg, MD
08:45-09:15 am  Auricular Reconstruction  William Lawson, MD

09:15-09:30 AM  BREAK/EXHIBITS
Hatch Lobby

09:30-10:00 am  Peri-Oral Reconstruction  Shan Baker, MD
10:00-10:30 am  Nasal Reconstruction  Peter J. Taub, MD
10:30-11:00 am  Peri-Ocular Reconstruction  Robert M. Schwarcz, MD

11:00-11:15 AM  BREAK/EXHIBITS
Hatch Lobby

11:15-11:45 am  Cheek Reconstruction  Hooman Khorasani, MD
11:45-12:45 pm  How Would You Close This Defect?  John A. Carucci, MD
A multi-specialty expert panel discussion  Desiree Ratner, MD & Faculty

12:45-01:45 PM  LUNCH/EXHIBITS
Hatch Lobby

AESTHETIC TECHNIQUES LIVE PATIENT DEMONSTRATION AND VIDEO

01:45-02:05 pm  Liposuction  Paul J. Frank, MD
02:05-02:25 pm  Tightening Applications  David Ciocon, MD
02:25-02:45 pm  Rhytide Applications  Hooman Khorasani, MD
02:45-03:05 pm  Hair Restoration, FUE, PRP  Carlos Wesley MD

03:05-03:20 PM  BREAK/EXHIBITS
Hatch Lobby

HANDS-ON TRAINING WORKSHOPS IN THE LAB  Annenberg Bldg, Room 12-98

03:20-05:20 pm  Reconstruction Techniques  Torina, MD, Elahi, MD, Ratner, MD, Carruci, MD and Faculty

05:20 PM  ADJOURN FOR THE DAY
LOCATION
The Icahn School of Medicine at Mount Sinai is located at 1468 Madison Avenue at 100 Street, New York, NY 10029.
Main Conference: Hatch Auditorium, Guggenheim Pavilion at 1468 Madison Avenue
Labs: Annenberg Building at 1468 Madison Avenue, Room 12-98/12th Floor
Registration/Breakfast/Exhibits: Hatch Auditorium at 1468 Madison Avenue

PARKING
The entrance to the Mount Sinai Parking Garage is located on the SW corner of 99th Street and Park Avenue. Discounted Parking is available for Saturday and Sunday only. Parking Ticket will be validated at the Registration Desk.

AIRLINE AND HOTELS
Be sure to book your travel arrangements early. We are unable to reserve hotel rooms or airfare for attendees of the symposium. We suggest online travel services such as hotels.com, travelocity.com or orbitz.com

HOTEL ACCOMMODATIONS
Please contact Denise Newman, NY Reservations at 888-37H-OTEL, 718-835-4911 or email dnew229@aol.com

CANCELLATION POLICY
All cancellations must be confirmed in writing to the Page and William Black Post-Graduate School by March 18, 2016 for registration fee refund. An Administrative fee of 30% of the total registration will be retained. No refund requests will be accepted after this date. “No Shows” are not eligible for refunds.

CONTACT INFORMATION
For Registration information contact cme@mssm.edu or (212) 731-7950. For Program Information GO TO THE WEBSITE AT www.CosmeticCadaverWorkshop.com

DIRECTIONS TO MOUNT SINAI:
http://www.mountsinaihospital.org/visiting-us/directions

SPECIAL NEEDS:
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you have any special needs or require special accommodations, please contact the Office of CME at 212-731-7950.
Mount Sinai 2016 Spring Symposium

REGISTRATION FORM
TWO WAYS TO REGISTER
REGISTER ONLINE (PREFERRED)
www.CosmeticCadaverWorkshop.com

REGISTER BY MAIL
MAIL REGISTRATION FORM WITH YOUR
CHECK TO ICANH SCHOOL OF MEDICINE
AT MOUNT SINAI, THE PAGE AND WILLIAM
BLACK POST-GRADUATE SCHOOL, ONE
GUSTAVE L. LEVY PLACE, BOX 1193, NEW
YORK, NY 10029-6574

A CONFIRMATION LETTER
WILL BE SENT VIA EMAIL
UPON RECEIPT OF YOUR
REGISTRATION AND
PAYMENT. (NO REGISTRATION
IS CONFIRMED WITHOUT FULL
PAYMENT.)

FIRST NAME          MIDDLE INITIAL     LAST NAME
TITLE/DEGREES (MD, RN)                                                    ORGANIZATION
STREET ADDRESS                                                                                                           COUNTY
CITY                                                                                        STATE                                ZIP
DAYTIME PHONE                                                                   FAX NUMBER
EMAIL ADDRESS

MEDICAL SPECIALTY

REGISTRATION FEES
THE REGISTRATION FEE INCLUDES THE COURSE, BREAKFAST, BREAKS AND LUNCH FOR THE PARTICIPANT ONLY. A CONFIRMATION LETTER
WILL BE SENT UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT (NO REGISTRATION IS CONFIRMED WITHOUT FULL
PAYMENT).

CREDIT CARD:
VISA        MASTERCARD       AMEX       DISCOVER
IN THE AMOUNT OF $ _________________

CARD NUMBER
EXP . DATE                    SECURITY CODE/CCV
(NAME-4 digits on front, MC/Visa-3 digits on back)

NAME ON CARD (PRINT)

SIGNATURE

PROFESSIONAL PROFILE
□ PHYSICIAN □ RESIDENT □ FELLOW □ MILITARY □ MOUNT SINAI FACULTY □ OTHER

PHYSICIAN
RESIDENT       FELLOW        MILITARY        MOUNT SINAI FACULTY      OTHER
___________________
CADAVER LAB   LECTURES ONLY
___________________
CADAVER LAB  LECTURES ONLY AND LECTURES
ON OR AFTER
ON OR AFTER

PHYSICIANS $2200.00 $600.00 $2300.00  $650.00
1ST 100 RESIDENTS AND $550        FREE  $600        FREE
AND FELLOWS *
MOUNT SINAI FACULTY ** $1100.00 $300.00 $1200.00  $350.00
RESIDENTS *, FELLOWS *,
MILITARY *

* MUST PROVIDE 1) LETTER FROM THE PROGRAM
DIRECTOR 2) COPY OF HOSPITAL ID
FAX INFORMATION TO: 646-537-9203
** MUST HAVE PAID 2016 ANNUAL DEPARTMENTAL DUES

SPECIAL DIETARY NEEDS □ KOSHER □ VEGETARIAN

IF YOU REGISTERED FOR THE CADAVER LABS,
PLEASE CHECK THE SESSIONS YOU PLAN TO ATTEND:
HANDS-ON CADAVER WORKSHOPS
SATURDAY, APRIL 16, 2016
SUNDAY, APRIL 17, 2016

SPECIAL DIETARY NEEDS
KOSHER       VEGETARIAN

ENCLOSED IS MY CHECK MADE PAYABLE TO:
THE PAGE AND WILLIAM BLACK
POST-GRADUATE SCHOOL
IN THE AMOUNT OF $

FOR REGISTRATION INFORMATION CONTACT CME@MSSM.EDU
OR (212) 731-7950. FOR PROGRAM INFORMATION GO TO THE
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CANCELLATION POLICY
ALL CANCELLATIONS MUST BE CONFIRMED IN WRITING TO THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL BY MARCH
18, 2016 FOR REGISTRATION FEE REFUND. AN ADMINISTRATIVE FEE OF 30% OF THE TOTAL REGISTRATION WILL BE RETAINED. NO
REFUND REQUESTS WILL BE ACCEPTED AFTER THIS DATE. “NO SHOWS” ARE NOT ELIGIBLE FOR REFUNDS.

FOR ONSITE REGISTRATION USE ONLY
CREDIT CARD:
□ VISA □ MASTERCARD □ AMEX □ DISCOVER
IN THE AMOUNT OF $

CARD NUMBER

EXP. DATE                    SECURITY CODE/CCV
(NAME-4 digits on front, MC/Visa-3 digits on back)

NAME ON CARD (PRINT)

SIGNATURE
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